

Full Report (All Nutrients) 45134744, CHEF BOYARDEE Spaghetti and Meatballs In A Microwaveable Bowl, UNPREPARED, GTIN: 00064144047178

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 21:43 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 bowl 212g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	199	94
Protein	g	--	--	7.00	3.30
Carbohydrate, by difference	g	--	--	23.00	10.85
Sugars, total	g	--	--	6.00	2.83
Minerals					
Calcium, Ca	mg	--	--	19	9
Iron, Fe	mg	--	--	1.44	0.68
Potassium, K	mg	--	--	269	127
Sodium, Na	mg	--	--	729	344
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	199	94
Lipids					
Fatty acids, total saturated	g	--	--	3.01	1.42
Fatty acids, total monounsaturated	g	--	--	4.01	1.89
Fatty acids, total polyunsaturated	g	--	--	1.51	0.71
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	15	7

Amino Acids

Other

Ingredients

Tomatoes (Tomato Puree, Water), Cooked Pasta (Water, Enriched Pasta [Durum Wheat Semolina, Egg White, Glycerol Monostearate, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid]), Water, Meatballs (Pork, Dark Chicken, Mechanically Separated Chicken, Beef, Water, Crackermeal [Enriched Wheat Flour {Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, May Contain Guar Gum], Soy Protein Concentrate, Salt, Caramel Color, Flavorings, Soybean Oil, Citric Acid), High Fructose Corn Syrup, LESS THAN 2% OF: Modified Corn Starch, Salt, Dehydrated Onion,

Hydrolyzed Corn and Wheat Gluten and Soy Protein, Citric Acid, Flavorings, Enzyme Modified Cheese (Cheddar Cheese [Pasteurized Milk, Cultures, Salt, Enzymes], Water, Sodium Phosphate, Xanthan Gum), Soybean Oil.

CONTAINS: EGG, MILK, SOY, WHEAT *Date Last Updated by Company:* 09/08/2016